

June 2026

Remuera, Auckland, New Zealand

Next Meeting:

Monday 8th June 2026 at 10am

Venue:

St Chads Church, 38 St Johns Road, Remuera

Principal Speaker:

Olaf Diegal, Professor of Additive Manufacturing, The University of Auckland. "3-D Printing; the Future."

Mini Speaker:



Brent Leslie (NZ History) will present, "PHANTOM FLEET – The rapid rise and fall of the scows and scow men of Auckland."

Next Month's Speaker:

Kate Russell, "Modern Slavery and Human trafficking here and abroad".

Meeting Tasks:

Greeters: Classic Movies
Morning Tea: Foodies

Olaf Diegal is an educator and a practitioner of additive manufacturing (AM) and product development with an excellent track record of developing innovative solutions to engineering problems. As professor of additive manufacturing, at the University of Auckland, he is involved in all aspects of AM and is one



of the principal authors of the annual Wohlers Report, considered by many to be the bible of AM. His current main area of research expertise is in design for AM.

3D printing is coming of age. It is now becoming a rapid "manufacturing" technology that will have a great deal of influence on how we live in the future. It will have a profound impact on almost all manufactured products, on how we do business

Imagine! You come home after a hard day at work and your kitchen 3D printer makes you a steak dinner just the way you like it. Even the plate, knife and fork are 3D printed out of biodegradable polymer, so you don't even need to wash the dishes!

In the not-too-distant future you will select a pair of shoes from an online catalogue and, after customizing it to your exact style preferences and size, a 3D printer will manufacture it for you at a store in your town, instead of having to ship the shoes around the world. Tired of waiting six months for your new house to be built? Why not print one out in 6 days? Need a new bladder or hip joint? It's now possible to print you a replacement that is compatible with your body.

In this talk, he reviews the state of the art of 3D printing technologies and examines some of their current and future applications in the fields of art, engineering, business, and health. He will also discuss some of the social implications these technologies will have on design and on how we live, and examine some of the issues around how we need to start adapting today in order to be ready for the technology tomorrow.

President's Message



Greetings to all u3a members

The Herald centrefold for international news, last month had a small article headed **Adverts banned**.

It went as follows—*Amsterdam is the first capital city in the world to ban public advertising of meat, petrol driven cars, cruises and cheap flights*. There is more but let's stop and look at this. At first sight, it seems pretty draconian. I guess, if you are sure the world can be saved by people giving up meat to eat a plant-based diet it follows. I personally don't think this is practical or advisable. However, if you accept they are not saying don't eat meat, but simply trying to get people to eat less meat, it is not unreasonable. As for advertising petrol driven (and I assume diesel fuelled) cars, this can hardly come as a surprise. In Norway the policy, started last year, was to stop the sale of petrol and diesel cars. Moreover, Britain, Israel, Singapore and some US states plan to ban the sale of new vehicles with combustion engines in 2030. The Ardern government proposed to stop the import of such cars by 2035. Apparently, our present government has no plan to stop the sale of petrol and diesel cars. I don't know about you, but I find this disturbing.

Why ever would Amsterdam ban the advertising of *cruises and cheap flights*? You may not want to know that cruises ships are amongst the most polluting forms of tourism. A single cruise ship can emit as much air pollution in one day as 10.000 cars. In addition, they discharge thousands of litres of waste water plus solid waste. The thought of the consequences of cruise ships exploring Antarctica chills my soul. A return flight from Auckland to London produces roughly the same amount air pollution that a petrol-powered car does in a year. There are less damaging forms of tourism--- ecotourism, slow travel (longer stays with fewer destinations), community-based tourism and voluntourism. AI enables you to enjoy the world's great art galleries without leaving home.

The Herald article continues "*Ads for Big Macs, Kentucky Fried Chicken, Range Rovers etc*" are banned in Amsterdam from the 1st of May. Putting Range Rovers aside, do takeaway foods cause more pollution than home cooked meals? The clear answer is yes, due to industrial processing, extensive packaging, long supply chains and higher food waste. Home cooked meals can be produced with up to 35% less pollution. Local sources, less packaging, better portion control help. But it must be said, you are not likely to get food poisoning from McDonalds, Kentucky Fried Chicken and their like, because of the very high standards of food hygiene and quality control they adhere to. Before McDonalds started in N.Z. the local takeaways were notorious for food poisoning. One takeaway meal a week is not going to cause the average family to degenerate into chronic decrepitude. And it gives the cook a welcome night off.

All this seems parochial; zeroing in on foods of American origin. Why aren't adverts for Dutch foods such as the very fatty Speklapjes (fried pork belly) and Rookwurst (a smoked sausage high in fat) banned. What about Stroopwafels (waffles sandwiched with sugary caramel syrup) and Suikerbrood (Sugar bread) which is at least 40% sugar. Have the Dutch authorities investigated how much pollution these national treasures cause?

If we don't deal with climate change the world our grandchildren inherit will be bleak. Should adverts that contribute to climate change be banned in N.Z.?

Laurence Melton

u3a REMUERA WELCOMES NEW MEMBERS

u3a Remuera welcomes Murray Carter as a new member this month. We hope you will explore one or more of the study groups and find your experience fulfilling as well as an opportunity to meet new friends.

u3a Auckland Network Event - Celebrating u3a in Action 2026

Salvation Army Church, 18 Allright Place, Mt Wellington, Saturday 25 July 2026 - 9:30am to 2:30pm

Morning: [Dame Wendy Pye](#) - "Teaching the World to Read."

Afternoon: [Shamubeel Eaqub](#) - "A Society Worth Having."

Also included are four presentations by u3a Members. Registration fee - \$50.00 includes lunch.

To register go to: <https://www.u3a.nz/event>

Group Reports

Art, Artists, Architecture and Antiques 2026

Highlights of recent sessions for our 4 As group have included a visit to a Don Binney (see picture) exhibition at the Gow Langsford gallery, a presentation on Hawkes Bay architect, John Scott, and a guide around a special exhibition of ceramics at the Auckland Museum.



We were saddened by the death of Mark Wotton earlier this year. He has been our deputy convenor and a member of the group for several years.

We have had a number of new members join, as well as losing a few others from the group. We thank

those leaving for their contributions and look forward to new ideas and input from the new members.

Mary Gray, Convenor: 021 230 5405. marygraykiwi@gmail.com

Genealogy

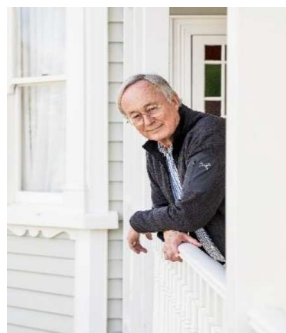
The Genealogy Study Group meets on the first Friday of each month in members' homes. We are 12 in number. Meetings start with a presentation by a member on someone or some event of interest in their family history. Then, over morning tea, we share recent developments in our own research.

What strikes you is that genealogy is actually more about social history than DNA, with our own ancestors playing their part in a community's shared history. So, if you had ever wondered where you came from; need help dealing with a genealogical brick wall, or are even thinking of writing a book about an ancestor, why not join us and share your project? Our next meeting is on Friday, 5 June. You will be most welcome.

Michael Littlewood, Convenor. **P** (021) 677 160. **E** michaelr.littlewood@gmail.com

At our previous meeting.....

Professor, Bruce Arrol from the Himalayan Trust informed us about their work. The Trust was founded by Sir Edmund Hillary in the early 1960's to bring education, safe water, and better healthcare to the



communities in the Everest region of Nepal. Bruce as a Trustee of the Trust, has been involved for around 3 years. Since joining the Trust Board in 2022, he has drawn on his clinical expertise and governance experience to strengthen the Trust's primary-care programmes and champion equitable, sustainable health services for mountain communities.

Bruce gave us a brief background to Sir Ed, describing him as a big man, taller than 6 ft with a big chest who worked as a bee keeper. Sir Ed was a member of the 9th British expedition to Everest led by John Hunt. In 1953, Sir Ed and Tenzing Norgay are recognised as the first climbers confirmed to have reached the top of Mt Everest. Two British mountaineers from the

same expedition had previously made an unsuccessful attempt believed to have failed for lack of oxygen.

Sir Ed was inspired by the words of a Sherpa following his question of what he could do for the people of this region, the Sherpa replied “our children have eyes but they are blind and cannot see. We would like you to open their eyes by building a school in our village.”

With the focus on education, the first school was built at Khumjung in the 1960’s and a further 42 have been built since then. Healthcare was served with the building of the first hospital in 1966 in Kunde and later at Phaplu in 1975. Today the Trust supports rural health clinics across the region.

In addition, the Trust has built an airfield at Lukla and also developed a safe water supply for the people of Lukla through clean underground pipes feeding 200 homes and businesses.

The Trust’s current aim is to provide computers for the schools across the mountain region.

Gill Macklin from Use it or Lose it entertained us with a story from her life, entitled two women and a tug. In the summer of 1965, during their time in France, Gill and her husband purchased a tug for cruising on the Thames River in Britain. However, Gill’s husband was called to take up a position in Paris, leaving Gill and 2 friends to sail the tug from Monte Carlo, through various French canals to Paris. The story included 3 naked men, paying (plying?) a pilot with whiskey and dealing with the challenge of little or no water in the canals, they eventually made it to Paris.



Notice Board

Future Speakers	12 th July 2026	Kate Russell, “Modern slavery and human trafficking here and abroad.”	
	10 th August 2026	Dr Maree Todd, “Ageing Well: Genes, environment, lifestyle and luck.”	
	14 th September 2026	Rob Harley, “Life’s most amazing people.”	
Meeting Tasks for July	Greeters	Travel and Walking groups	
	Morning Tea	AAAA	
	Newsletter Reports	Philosophy and Walking groups	
	Mini Talk	Famous and Infamous	
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Study Groups <https://remuerau3a.org.nz/study-groups/>



u3a Remuera meets at St Chads Church, Meadowbank on 2nd Monday of the month at 10am. u3a provides a place for those in the 3rd stage of their life journey, to come together in their local community, a chance to socialise, a chance to participate in interest groups, to learn something new and keep the mind active.